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TEDUGAL  
Tanji Road  
Behind CASTLE/SPEED Petrol Station before Brusubi Police Station



[www.tedugal.com](http://www.tedugal.com)  
[Info@tedugal.com](mailto:Info@tedugal.com)



TEDUGAL: 002208800350  
Supervisor : 002209981740



Owner: 0046705475676  
Supervisor: 002207717708

## About Us

This is a private initiative to facilitate jobs in the Gambia. The goal of the project is to motivate the young generation by providing job possibilities, study facilities, discourage drug and alcohol abuse, encourage arts & crafts, support indigenous products, promote music and fade-out cultural barriers.

The project started year 2000 and is non-committal to religion and politics. We are presently six in number working for TEDUGAL Guest House.

We focus on delivering the best services and attend you according to your request. Let us know your inside dreams and we will try and make them go through.

TEDUGAL Guest House is situated in Bijilo southwest of Serekunda. The area is cool, calm, open and airy.

### TEDUGAL Guest House Welcomes you to the Gambia, the smiling coast of Africa.

Experience the best of West Africa in the beautiful tropical country of Gambia; living amongst the local peoples and enjoying their rich and exciting culture. TEDUGAL Guest House offers fourteen spacious bedrooms, shared common and dining rooms, and fully furnished kitchens with around-the-clock electricity, water, room service, chauffeur with vehicle, local guide and a chef all included in your stay.

All windows are fitted with mosquito nets.

TEDUGAL is located six km away from the tourist area.

The magnificent nearly endless beach with its relaxing sand and clean surf is a brisk 20 minute walk or 5 minute drive. A kiosk is located just 2 minutes walk for your convenience. Tours of Gambia's finest scenery and visits to local tribes can be arranged with our guide. For your comfort, we recommend our experienced and knowledgeable chauffeur.

The entire facility can be rented daily, weekly or even on a long-term arrangement for a reduced rate.

Be restrictive on patting cats and dogs because some could be aggressive, carrying diseases or lacking responsible owners. Beware of snakes. Both the green and black mamba exists in the Gambia. Despite this fact snakebites are very uncommon in the country.

Taking pictures on people before asking for permission is not a good idea. People could get very mad. Having a word with the person before snapping is usually appreciated.

Transfer FROM airport is arranged for the customer upon refund.

We urge our customers to Keep valuables secured, safe and unexposed.

TEDUGAL Guest House is NOT responsible for any lost valuables.

No children are allowed in or around the Swimming Pool without the full supervision and company of their parents.

TEDUGAL is NOT accountable for any damage or injuries caused inside or around the Swimming Pool.

I hope your stay will be a pleasant one and together we can hopefully make it even better.

Below is some general information. If there is any thing else that you wonder about do not hesitate to contact the personnel.



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## Telephone numbers

(00 220 = Gambia's country code)

- Scandinavian Consulate: 4496869
- American embassy: 4391970
- Police:
  - Calling from a Cell phone 112
  - Calling from a House phone 17
  - From all carriers 4495608
- Fire Service: 18
- Ambulance: 16
- Bala S. Jallow (Owner)
  - Job: 0046 8 7069686
  - Cell phone: +46 70547 5676
  - Home: 0046 XXXXXXXX
- Persons in charge:
  - **Ismaila Jallow** (Project Supervisor )  
Cell phone: 00220 771 7708 or 998 1740
  - **Lamin Marong** (Assisting Supervisor,)  
Cell phone: 00220 7733 268 or 9297 706
- TEDUGAL phone:
  - 00220 8800 350

## Postal Address

For postal mail receivables use the following mailbox:

Bala Jallow  
P. O. Box 1743,  
Banjul Gambia,  
West Africa

## Visiting Address:

TEDUGAL Guest House Gambia

Bijilo / Sukuta Sabiji.

Tanji Road. Behind CASTLE/SPEED Petrol Station before Brusubi Police Station.

## Direction:

From Yundum International Airport, turn left, then turn right after approx 200M in the first traffic lights. Drive towards Senegambia (approx 20KM), turn right in the "turntable" towards Sukuta, turn left after approx 500m Behind CASTLE/SPEED.

## Home Facilities

The houses are built with concrete blocks, tiled with ceramic tiles and furnished with handmade wooden shelves, beds, cupboards and ceiling. Terraces on both houses.

- Water supply - Using bore-hole. The water is filtered but not purified. It is okay for washing, cleaning, dishing and showering but not recommended for drinking. Drinking water is available at the nearest kiosk. Public water supply is planned for implementation in the nearest future.
- Electricity is available around-the-clock and runs both on solar energy, wind turbine and public electricity. Please consider the environment and plug your appliances to the solar energy sockets (UK standard).
- Satellite TVs + DVDs, Air conditions, Water cooker, Coffee machines.
- Water heater.
- Electricity 24hrs solar energy (public electricity as backup).



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- Bed sheets and pillows (Changes occur once per week or after a customer request).
- Daily Room service.
- Mosquito nets in all rooms.
- Fans (ceiling and stand fans).
- Fruit trees.
- Daily care taker and night security.
- Private guide and Driver
- Laundry – Please talk to the supervisor.
- Entertainment – Traditional African music show (original and unique instruments).

### **Money links**

Money links (ATM) are available 24 hrs. They are situated at the tourist area at Senegambia, BB Hotel (Fajara), centre of Bakau, traffic-lights junction and in Westfield etc. A maximum of 4000GMD could be withdrawn at a time. Your native bank will charge you for withdrawals. Please confirm the charges with your bank. Please talk to the supervisor if you want assistance for foreign currency.

It takes roughly 9 minutes by car to the nearest money link. Heading for Fajara area count on the double.

### **Banks**

Nearest banks are situated at the SeneGambia tourist area, Bakau centre, Westfield, Serekunda market, and Banjul area. It is approximately 6 km away from Tedugal to the tourist area. The distance to Bakau alternatively Serekunda and Westfield is about 12 km.

### **Post Office**

Nearest Post office is at the tourist area at Senegambia or at Gamtel in Westfield.

### **Beach**

The nearest beach is located at Holidays hotel and it is a distance of approximately 5 km, then follows Senegambia, BB Hotel, Fajara, and Sun wing. Seek more information at the respective beach or contact the tourist bureau at Senegambia.

### **Foreign / Gambian Currency**

Refer to [www.oanda.com](http://www.oanda.com) for a hint of exchange rates. More accurate rates can be obtained from the exchange bureaus or the nearest bank. Nearest exchange bureau is at the tourist area at Senegambia. Please talk to the supervisor if you want assistance.

### **Transportation**

- A car is available for hiring. 8hrs, 12hrs, 24hrs or weekly bases. Contact the supervisor.
- Taxi: Always agree upon a price before departure and do not hesitate to bargain. Rule of the thumb is 15-20% price deduction. Taxi is obtainable either on the main road, which takes about 5 min walks, or at the tourist area. Alternatively ask for a cell phone number from a taxi driver and make an appointment. There are four kinds of taxi.
  - Collective taxi: (5 passengers, yellow colour) costing roughly 10-20GMD per person depending on the route,
  - Tanka-Tanka: (10-14 passengers for longer distances, mostly in white colour but could also be mixed), costing 15-20GMD (5 SEK) depending on departure place.
  - Tourist taxi: (green in colour). The tax is higher but the car is also at your disposal.
  - Town Trip: ordinary taxi but not shared with others. Price bargain is very common
  - One common phenomenon is horning. Paying careful attention one can easily decode the bips. Here we go:
    - I. One short horn (do you want to join the taxi)
    - II. Two short horns (drivers saying hi to each other)



- III. Three short horns (taking your attention for a ride)
- IV. Long bip (move away from the way)
- V. Alternatively decode your own

### Food and restaurants

- **Restaurants** Sukuta Garden (near Brusubi Police Station), Senegambia, Kololi, Coastal Road highway, Bakau, Serekunda, Brusubi turn table, Bakau road etc.

I recommend Chossan and Ali Baba's place near Senegambia for both European and Gambian dishes. Janet Food & Rooms located at Tranquil Village (Brufut Highway Road) oriental food, Gambian and international food (1,5 km away from TEDUGAL), alternatively try the Chinese restaurant at Fajara.

**Super markets** are located at the tourist area, Palmarima hotel area, almost all gas stations and in the towns. For cheaper ones try Marouns Food and Store.

**Kiosks:** Locally called *canteens*. Fewer choices but cheaper prices. Bottled drinking water is usually obtainable.

**Shopping centres** are available and situated beside the road to Bakau-Serekunda.

**Market place:** Also known as *marce* in the local language. General shopping. Affordable fruits, fish, meat, vegetables etc. Please favour the local people and the Gambian economy and do most of your shopping from the local people.

### Communication

- **Internet café:** Come online by visiting some more advanced Internet cafés or the local and slow ones. Quantum Net, Gamtel and petrol stations have a better bandwidth, more modern equipment. Local ones are more situated in the towns and are a bit slower with older equipment but cheaper.
  - **Locations:**
    - Petrol stations, On the roads, Tourist areas, Quantum Net in Bakau, Gamtel West Field, Serekunda market, Banjul area.
    - Enquire. Native Gambian people are very friendly and are always willing to help.
- **Tele centers:** Telephony centres are available and are scattered all over. Check for the signboard TELE CENTER. International and local calls can be made.
- **Mobile telephones** can be taken with you or purchase one in the Gambia. Prices are almost the same as in Europe. Mobile phone operators so far are GAMCEL and AFRICEL. AFRICEL cooperates with COMVIQ, TELIA, TELENOR and VODAFONE. Due to the general poor reception it is advisable to move a few steps to spot a better transmission area.
- **WiFi:** Available at Tedugal. Speak to the Supervisors for the code.
- **Greeting:** Generally saying hi to each other or having a conversation with unknown is common.

**Tip:** People really appreciate tipping after a carried service.

### Gifts / Beggars / Beachcombers / Pick pocketers

*Gifts* or presents may be given to children in the form of books, pencils or clothes. Alternatively take contact with the parents for a school support. Giving the kids money encourages them of not going to school or not their home works. For the general well being of the country promoting *begging*, *beachcombers* will lead the country backward and make the people lazy. *Beachcombers* could be loitering everywhere around the beach area and tourist area as a whole. A handful of them are very positive, caring and willing to help. The approach from *Beachcombers* could be nice in the beginning but very tedious at the end. Being straight and honest with them usually helps but is not a guarantee. To be that extra open and nice may be alluring. The majority of the *beggars* are now days stationed at the gas stations, outside shopping centres and busy areas. *Pick pocketing* occurs when rushing for a Tanka-Tanka or in crowded places. Beware of your wallet and not unnecessarily expose larger amounts.



**Activities** (*Below are some recommended activities*)

For your comfort, we recommend our experienced and knowledgeable chauffeur.

- Dolphin watching
- Bird watching
- Tendaba Camp
- Visit a village
- Visit marketing place (lumo, marce)
- Safaris (bush safaris and beach safaris)
- Abuko nature reserve (See last page for possible present animals)
- Gambia National Museum (highly recommended)
- The arch (Have a full view over Banjul the capital city and try the local beer Julbrew at the bar)
- Jufureh / Albreda (Kunta Kinteh Village of origin)
- James Island ruins
- Fort Bullen ruins at Bara
- Local canoe trips (take a pick nick basket and have a beach safari with a local canoe from Wadner Beach (Saro), also highly recommended)
- Fishermen. Take the opportunity to visit the fishermen using local methods of fishing and pulling out the fish from the sea. Seize the chance to buy fresh fish at a low cost
- Bombastic Place (you just can't miss it). Situated between Senegambia and Palmarima beach.
- Nightlife: Try Jokor. Open to 3.00am. Afra FM for fresh grill and drinks, open to 6.00am. Destiny disco, Wow, Sky Bar, Tutties, Duplex, Calabash for Jazz music etc.
- Njokolokoba nature reserve (in Senegal)
- For more information and other activities not listed above, try these links:

<https://www.cia.gov/cia/publications/factbook/geos/ga.html>

[http://www.africa.upenn.edu/Country\\_Specific/Gambia.html](http://www.africa.upenn.edu/Country_Specific/Gambia.html)

<http://www.gambia.gm/>

Invest in The Gambia Visit us on <http://www.gipfza.gm/>

<http://www.gambianet.com/>

**Things to consider taking with you**

Touch light, mosquito body cream or spray, mobile phone, light clothes, sandals, pens, pencils, rubbers. Either take the above-mentioned items with you or purchase them in the Gambia.

A word about my self. My name is Mamadou Salieu Jallow, called and known as Bala. I was born 1966 in the Gambia and moved to Sweden when I was 19 years old. I am a technician and working for a Gas Company called Linde Gas formerly known as AGA Gas. I have two sons; Daniel Ibrahim, born 1988 and Joseph Michael Jallow born 1990.

Thank you for reading.

Disclaimer: I've tried to make the information in this document as accurate as possible, but it is provided 'as is' and I accept no responsibility for any loss, injury or inconvenience sustained by anyone resulting from this information. You should verify critical information (like visas, health and safety, customs and transportation) with the relevant authorities before you travel.



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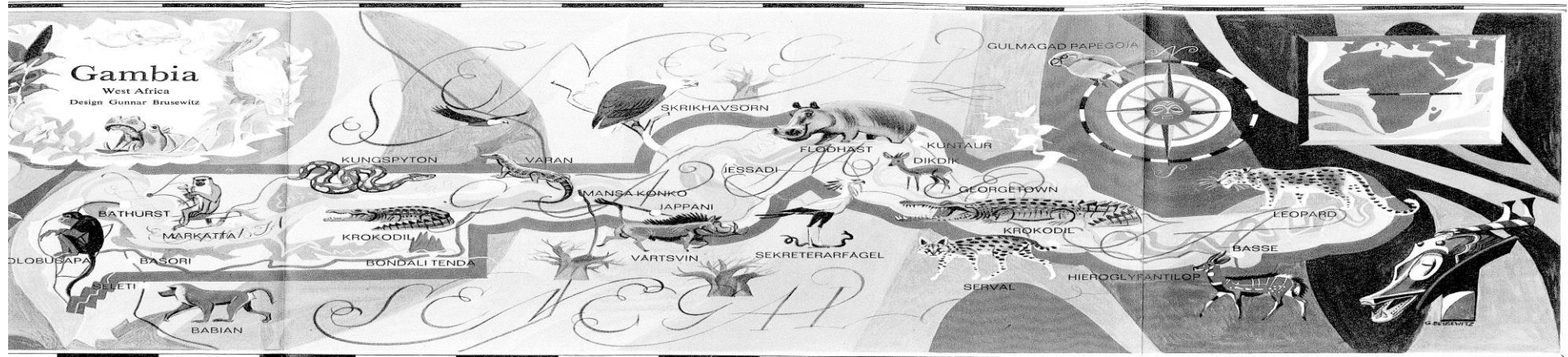
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### Gambia map inclusive animal

The picture was taken from a book written by Gunnar Brusewitz in 1971. Some of the animals might not exist in the country any longer.

## Gambia — paradiset för frusna nordbor



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